



BIAŁYSTOK TĘTNI DOBREM



Organizator : **Fundacja Białystok Biega**
Data : **2026-06-13**
Miejsce : **Białystok**
Dystans : **4.5 km**
Otwórz ⓘ (https://
Regulamin: **bialystokbiega.pl/regulamin-bialystok-tetni-dobrem/**

Zgłoszonych : **395**
Wystartowało : **325**
Nie ukończyło : **0**
Ukończyło : **325**
Na trasie : **0**

Klasyfikacje w punktach pomiarowych: Start (/bialystok-tetni-dobrem/e7507.html?embedded=0×=0&full_results=0&auto=0&location_nr=-2) | **Meta (/bialystok-tetni-dobrem/e7507.html?times=0&full_results=0&embedded=0&auto=0)**
Klasyfikacje wg kategorii: **Wszyscy (/bialystok-tetni-dobrem/e7507.html?times=0&full_results=0&embedded=0&auto=0&location_nr=-1)** | Open K (/bialystok-tetni-dobrem/open-k/e7507/c71637.html?times=0&full_results=0&embedded=0&auto=0&location_nr=-1) | Open M (/bialystok-tetni-dobrem/open-m/e7507/c71636.html?times=0&full_results=0&embedded=0&auto=0&location_nr=-1) | K12 (/bialystok-tetni-dobrem/k12/e7507/c71638.html?times=0&full_results=0&embedded=0&auto=0&location_nr=-1) | M12 (/bialystok-tetni-dobrem/m12/e7507/c71644.html?times=0&full_results=0&embedded=0&auto=0&location_nr=-1) | K20 (/bialystok-tetni-dobrem/k20/e7507/c71639.html?times=0&full_results=0&embedded=0&auto=0&location_nr=-1) | M20 (/bialystok-tetni-dobrem/m20/e7507/c71645.html?times=0&full_results=0&embedded=0&auto=0&location_nr=-1) | K30 (/bialystok-tetni-dobrem/k30/e7507/c71640.html?times=0&full_results=0&embedded=0&auto=0&location_nr=-1) | M30 (/bialystok-tetni-dobrem/m30/e7507/c71646.html?times=0&full_results=0&embedded=0&auto=0&location_nr=-1) | K40 (/bialystok-tetni-dobrem/k40/e7507/c71641.html?times=0&full_results=0&embedded=0&auto=0&location_nr=-1) | M40 (/bialystok-tetni-dobrem/m40/e7507/c71647.html?times=0&full_results=0&embedded=0&auto=0&location_nr=-1) | K50 (/bialystok-tetni-dobrem/k50/e7507/c71642.html?times=0&full_results=0&embedded=0&auto=0&location_nr=-1) | M50 (/bialystok-tetni-dobrem/m50/e7507/c71648.html?times=0&full_results=0&embedded=0&auto=0&location_nr=-1) | K60 (/bialystok-tetni-dobrem/k60/e7507/c71643.html?times=0&full_results=0&embedded=0&auto=0&location_nr=-1) | M60 (/bialystok-tetni-dobrem/m60/e7507/c71649.html?times=0&full_results=0&embedded=0&auto=0&location_nr=-1)

Klasyfikacja wg **czasu brutto**. Wyniki nieoficjalne !!!

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Czas startu	Czas netto 4.5km	Czas brutto 4.5km	Różnica w czasie	Tempo min/km	Tempo km/h
1	MARKIEWICZ Grzegorz	48	KALINOWSKI TEAM	CZEREMCHA		M30	1	M 1	00:00:00	00:15:24	00:15:24		3:25	17.6 (100%)
2	SZKIŁĄDŹ Łukasz	403		KLEOSIN		M20	1	M 2	00:00:00	00:15:33	00:15:33	+00:00:09 (1.0%)	3:27	17.4 (98.9%)
3	MATWIEJCZUK Paweł	45		BIAŁYSTOK		M30	2	M 3	00:00:00	00:16:16	00:16:16	+00:00:52 (5.3%)	3:36	16.6 (94.3%)
4	PELSZYK Piotr	206		BIALYSTOK		M40	1	M 4	00:00:00	00:16:33	00:16:34	+00:01:09 (7.0%)	3:40	16.3 (92.6%)
5	JABŁOŃSKI Patryk	418		BIAŁYSTOK		M20	2	M 5	00:00:02	00:16:46	00:16:48	+00:01:23 (8.3%)	3:43	16.1 (91.5%)
6	PŁOŃSKI Marcin	291		BIAŁYSTOK		M20	3	M 6	00:00:02	00:16:51	00:16:53	+00:01:28 (8.8%)	3:44	16 (90.9%)
7	JAMASZEWSKA Ewelina	133	MD RUN TRAINING	BIAŁYSTOK		K20	1	K 1	00:00:00	00:16:56	00:16:56	+00:01:31 (9.0%)	3:45	16 (90.9%)
8	TRYŁĄG Alan	94	MKS JUVENIA BIAŁYSTOK	NOWODWORCE		M12	1	M 7	00:00:00	00:17:00	00:17:00	+00:01:35 (9.4%)	3:46	15.9 (90.3%)
9	MARCISZEWSKA Klaudia	420				K20	2	K 2	00:00:00	00:17:04	00:17:04	+00:01:39 (9.7%)	3:47	15.8 (89.8%)
10	PRZYBYŁOWSKI Daniil	14	TEA.M RUN	BIAŁYSTOK		M40	2	M 8	00:00:00	00:17:37	00:17:37	+00:02:12 (12.6%)	3:54	15.3 (86.9%)
11	KADŁUBISKI Kacper	203		BIAŁYSTOK		M40	3	M 9	00:00:00	00:17:39	00:17:40	+00:02:15 (12.8%)	3:55	15.3 (86.9%)
12	NOWAK Marcin	409	ROCH JASZENICA	JASZENICA		M40	4	M 10	00:00:00	00:17:40	00:17:40	+00:02:15 (12.8%)	3:55	15.3 (86.9%)
13	RUTKOWSKA Martyna	101		BIAŁYSTOK		K20	3	K 3	00:00:02	00:17:46	00:17:48	+00:02:23 (13.5%)	3:56	15.2 (86.4%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Czas startu	Czas netto 4.5km	Czas brutto 4.5km	Różnica w czasie	Tempo min/km	Tempo km/h
14	DOŻYNKA Grażyna	103		BIAŁYSTOK		K50	1	K 4	00:00:14	00:17:34	00:17:48	+00:02:24 (13.5%)	3:53	15.4 (87.5%)
15	JAROMIN Mariusz	285		BIAŁYSTOK		M30	3	M 11	00:00:00	00:18:10	00:18:10	+00:02:45 (15.2%)	4:01	14.9 (84.7%)
16	PAWŁOWSKI Piotr	284	SP KORYCIN	KORYCIN		M40	5	M 12	00:00:00	00:18:17	00:18:18	+00:02:53 (15.8%)	4:03	14.8 (84.1%)
17	VERAMEICHYK Yahor	26	TEA.M RUN	BIALYSTOK		M30	4	M 13	00:00:04	00:18:16	00:18:20	+00:02:55 (16.0%)	4:03	14.8 (84.1%)
18	RYBNIK Rafał	238		NOWE ALEKSANDROWO		M30	5	M 14	00:00:02	00:18:20	00:18:23	+00:02:58 (16.2%)	4:04	14.7 (83.5%)
19	PAWŁOWSKI Maciej	201		KUŻNICA		M30	6	M 15	00:00:03	00:18:25	00:18:28	+00:03:03 (16.6%)	4:05	14.7 (83.5%)
20	PIOTROWSKI Piotr	93		BIAŁYSTOK		M30	7	M 16	00:00:08	00:18:22	00:18:31	+00:03:06 (16.8%)	4:04	14.7 (83.5%)
21	OKSZTUL Agnieszka	165		JUROWCE		K30	1	K 5	00:00:00	00:18:37	00:18:38	+00:03:13 (17.3%)	4:07	14.5 (82.4%)
22	KARASEWICZ Łukasz	223		WASILKÓW		M30	8	M 17	00:00:00	00:18:38	00:18:39	+00:03:14 (17.4%)	4:08	14.5 (82.4%)
23	ZINCZUK Julia	146		HAJNÓWKA		K20	4	K 6	00:00:02	00:18:44	00:18:47	+00:03:22 (18.0%)	4:09	14.4 (81.8%)
24	MATEJCZYK Mateusz	381	PODLASKIE KOCURY	BIAŁYSTOK		M30	9	M 18	00:00:03	00:19:08	00:19:12	+00:03:47 (19.7%)	4:14	14.1 (80.1%)
25	KURYŁOWICZ Adrian	249		BIAŁYSTOK		M40	6	M 19	00:00:02	00:19:19	00:19:21	+00:03:56 (20.4%)	4:17	14 (79.5%)
26	OSTASZEWSKI Ireneusz	195		BIAŁYSTOK		M50	1	M 20	00:00:00	00:19:25	00:19:26	+00:04:01 (20.7%)	4:18	13.9 (79.0%)
27	BOSIACKI Jarosław	311		BIAŁYSTOK		M40	7	M 21	00:00:05	00:19:21	00:19:27	+00:04:02 (20.8%)	4:17	14 (79.5%)
28	JAKIMIEC Tomasz	34	PIE3CKI TEAM	BIAŁYSTOK		M40	8	M 22	00:00:04	00:19:23	00:19:28	+00:04:03 (20.8%)	4:18	13.9 (79.0%)
29	DAKOWICZ Jakub	52		BIAŁYSTOK		M30	10	M 23	00:00:03	00:19:26	00:19:30	+00:04:05 (21.0%)	4:18	13.9 (79.0%)
30	PUZANOWSKI Grzegorz	383		BIAŁYSTOK		M30	11	M 24	00:00:03	00:19:29	00:19:32	+00:04:07 (21.1%)	4:19	13.9 (79.0%)
31	MARTYNOWICZ Michał	117		CZARNA BIAŁOSTOCKA		M20	4	M 25	00:00:20	00:19:12	00:19:33	+00:04:08 (21.2%)	4:15	14.1 (80.1%)
32	RZĄCA Mariusz	340		BIAŁYSTOK		M30	12	M 26	00:00:03	00:19:31	00:19:34	+00:04:09 (21.2%)	4:19	13.8 (78.4%)
33	BIBUŁOWICZ Krzysztof	303		SURAŻ		M40	9	M 27	00:00:05	00:19:40	00:19:45	+00:04:20 (22.0%)	4:21	13.7 (77.8%)
34	NIENAŁTOWSKI Beniamin	162		BIAŁYSTOK		M20	5	M 28	00:00:00	00:19:45	00:19:46	+00:04:21 (22.0%)	4:23	13.7 (77.8%)
35	ZDRAJKOWSKA Julia	391	KALINOWSKI TEAM	BIAŁYSTOK		K30	2	K 7	00:00:00	00:19:46	00:19:47	+00:04:22 (22.1%)	4:23	13.7 (77.8%)
36	PUZA Marcin	292		BIAŁYSTOK		M30	13	M 29	00:00:06	00:19:43	00:19:50	+00:04:25 (22.3%)	4:22	13.7 (77.8%)
37	KORYCKI Tomasz	252		BIAŁYSTOK		M40	10	M 30	00:00:04	00:19:47	00:19:52	+00:04:27 (22.4%)	4:23	13.7 (77.8%)
38	ARTEMIUK Kasjan	173		BIAŁYSTOK		M20	6	M 31	00:00:02	00:19:58	00:20:00	+00:04:35 (23.0%)	4:25	13.5 (76.7%)
39	KUŁAK Aneta	72		BIAŁYSTOK		K30	3	K 8	00:00:03	00:20:02	00:20:05	+00:04:40 (23.3%)	4:26	13.5 (76.7%)

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40	POŚPIECH Mateusz	161	MD RUN	BIAŁYSTOK		M30	14	M 32	00:00:10	00:20:01	00:20:12	+00:04:47 (23.7%)	4:26	13.5 (76.7%)
41	LIASHKEVICH Ihar	144	TEA.M RUN	BIAŁYSTOK		M40	11	M 33	00:00:05	00:20:09	00:20:14	+00:04:49 (23.9%)	4:28	13.4 (76.1%)
42	IWANOWSKI Adam	81		BIAŁYSTOK		M20	7	M 34	00:00:00	00:20:20	00:20:20	+00:04:55 (24.2%)	4:30	13.3 (75.6%)
43	ARDZIEWICZ Magdalena	181		BIAŁYSTOK		K30	4	K 9	00:00:02	00:20:25	00:20:27	+00:05:02 (24.7%)	4:31	13.2 (75.0%)
44	LIASHKEVICH Mikita	145		BIAŁYSTOK		M12	2	M 35	00:00:04	00:20:25	00:20:30	+00:05:05 (24.8%)	4:31	13.2 (75.0%)
45	RYBNIK Karol	345		NOWE ALEKSANDROWO		M30	15	M 36	00:00:02	00:20:30	00:20:33	+00:05:08 (25.0%)	4:33	13.2 (75.0%)
46	MITROSZ Jakub	365		BIAŁYSTOK		M20	8	M 37	00:00:03	00:20:55	00:20:59	+00:05:34 (26.6%)	4:38	12.9 (73.3%)
47	DZIEDZIK Patrycja	86		BIAŁYSTOK		K20	5	K 10	00:00:00	00:21:01	00:21:02	+00:05:37 (26.7%)	4:39	12.9 (73.3%)
48	LESZCZYŃSKI Tomasz	310		DOŁKI		M20	9	M 38	00:00:03	00:21:03	00:21:07	+00:05:42 (27.0%)	4:40	12.8 (72.7%)
49	PACAK Małgorzata	109		KOŁOBRZEG		K20	6	K 11	00:00:00	00:21:20	00:21:21	+00:05:56 (27.8%)	4:44	12.7 (72.2%)
50	DYSZKIEWICZ Marta	330		BIAŁYSTOK		K20	7	K 12	00:00:06	00:21:15	00:21:21	+00:05:56 (27.8%)	4:43	12.7 (72.2%)
51	KARBOWSKI Artur	309		BIAŁYSTOK		M20	10	M 39	00:00:03	00:21:25	00:21:28	+00:06:03 (28.2%)	4:45	12.6 (71.6%)
52	TOMASZEWSKI Adrian	224		SOBOLEWO		M40	12	M 40	00:00:03	00:21:26	00:21:30	+00:06:05 (28.3%)	4:45	12.6 (71.6%)
53	ZAWISTOWSKI Konrad	75		CZARNA BIAŁOSTOCKA		M30	16	M 41	00:00:21	00:21:16	00:21:37	+00:06:13 (28.8%)	4:43	12.7 (72.2%)
54	ANDRAKA Łukasz	40		BIALYSTOK		M40	13	M 42	00:00:10	00:21:31	00:21:41	+00:06:16 (28.9%)	4:46	12.6 (71.6%)
55	DARDA Radek	54		BIAŁYSTOK		M50	2	M 43	00:00:09	00:21:32	00:21:41	+00:06:16 (29.0%)	4:46	12.6 (71.6%)
56	KOTRYS Natalia	82		HAJNÓWKA		K30	5	K 13	00:00:12	00:21:29	00:21:42	+00:06:17 (29.0%)	4:46	12.6 (71.6%)
57	KOPCZYŃSKI Jakub	95		BIAŁYSTOK		M20	11	M 44	00:00:09	00:21:41	00:21:50	+00:06:25 (29.4%)	4:48	12.5 (71.0%)
58	BAŁAKIER Piotr	247		BIAŁYSTOK		M30	17	M 45	00:00:05	00:21:45	00:21:51	+00:06:26 (29.5%)	4:49	12.4 (70.5%)
59	HRUBCZYŃSKA Magdalena	148		GRABÓWKA		K40	1	K 14	00:00:07	00:21:46	00:21:54	+00:06:29 (29.6%)	4:49	12.4 (70.5%)
60	GŁAŻEWSKA Adriana	37		BIAŁYSTOK		K40	2	K 15	00:00:05	00:21:49	00:21:55	+00:06:30 (29.7%)	4:50	12.4 (70.5%)
61	KOZIOŁ Aleksandra	279		BIAŁYSTOK		K20	8	K 16	00:00:04	00:21:51	00:21:55	+00:06:30 (29.7%)	4:51	12.4 (70.5%)
62	BUJNOWSKI Maciej	331		BIAŁYSTOK		M20	12	M 46	00:00:06	00:21:54	00:22:00	+00:06:35 (30.0%)	4:51	12.3 (69.9%)
63	ŁAPIŃSKI Jan	392		BIAŁYSTOK		M20	13	M 47	00:00:06	00:21:54	00:22:01	+00:06:36 (30.0%)	4:51	12.3 (69.9%)
64	KONCZEREWICZ Mariusz	357	MARSZOMANIACY BIELSK PODLASKI	ORZECHOWICZE		M40	14	M 48	00:00:15	00:21:51	00:22:06	+00:06:41 (30.3%)	4:51	12.4 (70.5%)
65	BARYSEVICH Viktor	396		BIAŁYSTOK		M40	15	M 49	00:00:31	00:21:39	00:22:11	+00:06:46 (30.5%)	4:48	12.5 (71.0%)

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66	BUSIŃSKI Krzysztof	199	PĘDZIWIATR BIAŁYSTOK	BIAŁYSTOK		M50	3	M 50	00:00:04	00:22:15	00:22:20	+00:06:55 (31.0%)	4:56	12.1 (68.8%)
67	JOANNA Wiśniewska	322	MD RUN TRAINING	NIEWODNICA KORYCKA		K50	2	K 17	00:00:06	00:22:13	00:22:20	+00:06:55 (31.0%)	4:55	12.2 (69.3%)
68	KOZŁOWSKI Konrad	275		BIAŁYSTOK		M30	18	M 51	00:00:18	00:22:05	00:22:24	+00:06:59 (31.2%)	4:54	12.2 (69.3%)
69	GODLEWSKA Izabela	125		BIAŁYSTOK		K30	6	K 18	00:00:03	00:22:24	00:22:27	+00:07:03 (31.4%)	4:58	12.1 (68.8%)
70	MATEJCZYK Filip	41	PODLASKIE KOCURY	BIAŁYSTOK		M12	3	M 52	00:00:00	00:22:32	00:22:33	+00:07:08 (31.7%)	5:00	12 (68.2%)
71	TARASIUK Monika	323		RZEPNIKI		K40	3	K 19	00:00:05	00:22:28	00:22:33	+00:07:08 (31.7%)	4:59	12 (68.2%)
72	SZUTKIEWICZ Marta	68	BIAŁOSTOCKA SEKTA BIEGACZY	BIAŁYSTOK		K30	7	K 20	00:00:12	00:22:25	00:22:37	+00:07:12 (31.9%)	4:58	12.1 (68.8%)
73	NIEWIŃSKI Arkadiusz	333		KSIĘŻYNO-KOLONIA		M40	16	M 53	00:00:10	00:22:33	00:22:44	+00:07:19 (32.2%)	5:00	12 (68.2%)
74	TRACIKOWSKI Dariusz	216		ŁAPY		M50	4	M 54	00:00:06	00:22:38	00:22:45	+00:07:20 (32.3%)	5:01	11.9 (67.6%)
75	MICHALSKI Sebastian	16		KSIĘŻYNO-KOLONIA		M40	17	M 55	00:00:10	00:22:35	00:22:45	+00:07:20 (32.3%)	5:00	12 (68.2%)
76	HARASIM Kamil	371	AIKIRUNERS	BIAŁYSTOK		M30	19	M 56	00:00:08	00:22:44	00:22:53	+00:07:28 (32.7%)	5:02	11.9 (67.6%)
77	MATEJCZYK Artur	39	PODLASKIE KOCURY	BIAŁYSTOK		M50	5	M 57	00:00:09	00:22:43	00:22:53	+00:07:28 (32.7%)	5:02	11.9 (67.6%)
78	SOKÓŁ Bartosz	123		BIAŁYSTOK		M30	20	M 58	00:00:03	00:22:55	00:22:58	+00:07:33 (32.9%)	5:05	11.8 (67.0%)
79		73						1	00:00:06	00:23:01	00:23:07	+00:07:42 (33.4%)	5:06	11.7 (66.5%)
80	SAWCZUK Dagmara	246		BIAŁYSTOK		K20	9	K 21	00:00:08	00:23:01	00:23:09	+00:07:44 (33.4%)	5:06	11.7 (66.5%)
81	OLSZYŃSKI Marek	251		BIAŁYSTOK		M30	21	M 59	00:00:04	00:23:09	00:23:14	+00:07:49 (33.7%)	5:08	11.7 (66.5%)
82	OSTROWSKA Marta	131		CZARNA BIAŁOSTOCKA		K30	8	K 22	00:00:04	00:23:11	00:23:15	+00:07:50 (33.8%)	5:08	11.7 (66.5%)
83	RESZEĆ Michał	295		KNYSZYN		M30	22	M 60	00:00:07	00:23:09	00:23:17	+00:07:52 (33.8%)	5:08	11.7 (66.5%)
84	SOKÓLSKI Tomasz	175		GNIŁA		M50	6	M 61	00:00:05	00:23:15	00:23:21	+00:07:56 (34.0%)	5:09	11.6 (65.9%)
85	KARPOWICZ Grzegorz	67		BIAŁYSTOK		M40	18	M 62	00:00:09	00:23:13	00:23:23	+00:07:58 (34.1%)	5:09	11.6 (65.9%)
86	FIEDORCZUK Mariusz	110		BIAŁYSTOK		M30	23	M 63	00:00:11	00:23:11	00:23:23	+00:07:58 (34.1%)	5:08	11.7 (66.5%)
87	TRYŁĄG Kamil	332		NOWODWORCE		M40	19	M 64	00:00:19	00:23:06	00:23:26	+00:08:01 (34.3%)	5:07	11.7 (66.5%)
88	FLOREK Krystian	290		BIAŁYSTOK		M30	24	M 65	00:00:07	00:23:21	00:23:29	+00:08:04 (34.4%)	5:11	11.6 (65.9%)
89	ANTANOVICH Valentina	36	TEA.M RUN	BIALYSTOK		K40	4	K 23	00:00:07	00:23:22	00:23:30	+00:08:05 (34.4%)	5:11	11.6 (65.9%)
90	KOTRYS Marcin	44		HAJNÓWKA		M40	20	M 66	00:00:22	00:23:10	00:23:33	+00:08:08 (34.6%)	5:08	11.7 (66.5%)
91	DZIEMIAŃCZUK Mateusz	157		BIAŁYSTOK		M30	25	M 67	00:00:11	00:23:22	00:23:34	+00:08:09 (34.6%)	5:11	11.6 (65.9%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Czas startu	Czas netto 4.5km	Czas brutto 4.5km	Różnica w czasie	Tempo min/km	Tempo km/h
92	RUTO Dzmityry	12	TEA.M RUN	BIAŁYSTOK		M30	26	M 68	00:00:07	00:23:27	00:23:35	+00:08:10 (34.7%)	5:12	11.5 (65.3%)
93	KRZYWOSZ Szymon	255		BIAŁYSTOK		M20	14	M 69	00:00:09	00:23:41	00:23:50	+00:08:25 (35.4%)	5:15	11.4 (64.8%)
94	LISOWSKI Paweł	134		BIAŁYSTOK		M12	4	M 70	00:00:10	00:23:44	00:23:55	+00:08:30 (35.6%)	5:16	11.4 (64.8%)
95	WOŁOWICZ Sylwia	411		BIAŁYSTOK		K30	9	K 24	00:00:13	00:23:46	00:24:00	+00:08:35 (35.8%)	5:16	11.4 (64.8%)
96	MROZOWSKA Maja	187		BIAŁYSTOK		K30	10	K 25	00:00:12	00:23:48	00:24:01	+00:08:36 (35.8%)	5:17	11.4 (64.8%)
97	KOJKOŁ Konrad	136		BIAŁYSTOK		M20	15	M 71	00:00:06	00:23:57	00:24:04	+00:08:39 (36.0%)	5:19	11.3 (64.2%)
98	GOŁĘBIEWSKA Edyta	188		BIAŁYSTOK		K30	11	K 26	00:00:21	00:23:43	00:24:04	+00:08:39 (36.0%)	5:15	11.4 (64.8%)
99	LISOWSKI Mirosław	135		BIAŁYSTOK		M40	21	M 72	00:00:09	00:23:56	00:24:05	+00:08:40 (36.1%)	5:18	11.3 (64.2%)
100	MIEKUS Sebastian	65	GABIADIDOMI	BIAŁYSTOK		M40	22	M 73	00:00:18	00:23:48	00:24:06	+00:08:41 (36.1%)	5:17	11.4 (64.8%)
101	KRUPIŃSKA Monika	325		BIAŁYSTOK		K30	12	K 27	00:00:10	00:23:55	00:24:06	+00:08:41 (36.1%)	5:18	11.3 (64.2%)
102	KRYNICKI Bartłomiej	80		KLEOSIN		M20	16	M 74	00:00:09	00:24:01	00:24:10	+00:08:45 (36.2%)	5:19	11.3 (64.2%)
103	ZAJCZYK Przemysław	19		GRABÓWKA		M40	23	M 75	00:00:09	00:24:01	00:24:11	+00:08:46 (36.3%)	5:19	11.3 (64.2%)
104	SIEMIENOWICZ Marcin	106		BIAŁYSTOK		M30	27	M 76	00:00:00	00:24:11	00:24:11	+00:08:46 (36.3%)	5:22	11.2 (63.6%)
105	ROŻKO Paweł	127		BIAŁYSTOK		M40	24	M 77	00:00:08	00:24:02	00:24:11	+00:08:46 (36.3%)	5:20	11.2 (63.6%)
106	ALEKSIEJCZUK Marlena	132		KOPNA GÓRA		K30	13	K 28	00:00:04	00:24:07	00:24:11	+00:08:46 (36.3%)	5:21	11.2 (63.6%)
107	ROTMAŃSKA Iwona	171	BIEGAM BO LUBIĘ	ZŁOTA WIEŚ		K50	3	K 29	00:00:04	00:24:15	00:24:19	+00:08:54 (36.7%)	5:23	11.1 (63.1%)
108	BAŃKOWSKA Katarzyna	172		SOKÓŁKA		K40	5	K 30	00:00:04	00:24:23	00:24:27	+00:09:02 (37.0%)	5:24	11.1 (63.1%)
109	SAMOJLIK Daniel	394		BIAŁYSTOK		M40	25	M 78	00:00:16	00:24:12	00:24:29	+00:09:04 (37.1%)	5:22	11.2 (63.6%)
110	GOTLIB Monika	193		BIAŁYSTOK		K30	14	K 31	00:00:05	00:24:28	00:24:33	+00:09:08 (37.3%)	5:25	11 (62.5%)
111	DOWNAR Jakub	227	BRAK	CHOROSZCZ		M12	5	M 79	00:00:06	00:24:29	00:24:36	+00:09:11 (37.4%)	5:26	11 (62.5%)
112	POPKO Marcjanna	228		CHOROWAĆ		K20	10	K 32	00:00:07	00:24:29	00:24:36	+00:09:11 (37.4%)	5:26	11 (62.5%)
113	ŁUNIEWSKA Klaudia	160		BIAŁYSTOK		K20	11	K 33	00:00:16	00:24:21	00:24:37	+00:09:12 (37.4%)	5:24	11.1 (63.1%)
114	BIBUŁOWICZ Monika	55		SURAŻ		K40	6	K 34	00:00:05	00:24:33	00:24:39	+00:09:14 (37.5%)	5:27	11 (62.5%)
115	GAJEWSKI Krzysztof	107	BSB	GRABÓWKA		M40	26	M 80	00:00:18	00:24:23	00:24:42	+00:09:17 (37.6%)	5:24	11.1 (63.1%)
116	KAWALCHUK Alena	192	TEA.M RUN	BIAŁYSTOK		K30	15	K 35	00:00:15	00:24:28	00:24:43	+00:09:18 (37.7%)	5:25	11 (62.5%)
117	OŻLAŃSKI Marcin	58	DRTUSZ BIEGA	BIAŁYSTOK		M30	28	M 81	00:00:13	00:24:32	00:24:46	+00:09:21 (37.8%)	5:26	11 (62.5%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Czas startu	Czas netto 4.5km	Czas brutto 4.5km	Różnica w czasie	Tempo min/km	Tempo km/h
118	KRYSIEWICZ Wioletta	150		GRABÓWKA		K40	7	K 36	00:00:08	00:24:44	00:24:52	+00:09:27 (38.1%)	5:29	10.9 (61.9%)
119	CZERNIAWSKA Kasia	56	PĘDZIWIATR BIAŁYSTOK	BIAŁYSTOK		K40	8	K 37	00:00:09	00:24:47	00:24:57	+00:09:32 (38.3%)	5:30	10.9 (61.9%)
120	GRYGOROWICZ Przemek	140	BIEGAM, BO ŻONA POZWOLIŁA :)	BIAŁYSTOK		M40	27	M 82	00:00:17	00:24:40	00:24:58	+00:09:33 (38.3%)	5:28	11 (62.5%)
121	GRYKO Izabela	108		WASILKOW		K30	16	K 38	00:00:05	00:24:55	00:25:00	+00:09:35 (38.4%)	5:31	10.8 (61.4%)
122	ZAJKOWSKA Anna	51		BIALYSTOK		K30	17	K 39	00:00:11	00:24:55	00:25:07	+00:09:42 (38.7%)	5:31	10.8 (61.4%)
123	HRYSZKIEWICZ Ewa	408		BIAŁYSTOK		K30	18	K 40	00:00:07	00:25:02	00:25:10	+00:09:45 (38.8%)	5:33	10.8 (61.4%)
124	BUSŁOWSKA Monika	167		WASILKÓW		K40	9	K 41	00:00:07	00:25:04	00:25:11	+00:09:46 (38.8%)	5:33	10.8 (61.4%)
125	KRUPIŃSKI Łukasz	326		BIAŁYSTOK		M30	29	M 83	00:00:10	00:25:01	00:25:12	+00:09:47 (38.9%)	5:33	10.8 (61.4%)
126	LEONOWICZ Ewa	69		BIAŁYSTOK		K40	10	K 42	00:00:11	00:25:04	00:25:15	+00:09:50 (39.0%)	5:33	10.8 (61.4%)
127	ZUGAJ Izabela	222		CHOROSZCZ		K30	19	K 43	00:00:08	00:25:11	00:25:19	+00:09:54 (39.2%)	5:35	10.7 (60.8%)
128	RUSIŁOWICZ Iwona	221		BIALYSTOK		K30	20	K 44	00:00:08	00:25:11	00:25:19	+00:09:54 (39.2%)	5:35	10.7 (60.8%)
129	SALIŃSKA Barbara	166		BIAŁYSTOK		K30	21	K 45	00:00:20	00:25:00	00:25:20	+00:09:55 (39.2%)	5:33	10.8 (61.4%)
130	WEREMIJEWICZ Michał	119		BIAŁYSTOK		M20	17	M 84	00:00:10	00:25:10	00:25:20	+00:09:55 (39.2%)	5:35	10.7 (60.8%)
131	PIOTROWSKA Monika	92		BIAŁYSTOK		K20	12	K 46	00:00:09	00:25:11	00:25:21	+00:09:56 (39.2%)	5:35	10.7 (60.8%)
132	SZKIŁADŹ Asia	404		KLEOSIN		K20	13	K 47	00:00:10	00:25:12	00:25:22	+00:09:57 (39.3%)	5:35	10.7 (60.8%)
133	RANIEWICZ Magdalena	178		BIAŁYSTOK		K30	22	K 48	00:00:04	00:25:18	00:25:23	+00:09:58 (39.3%)	5:37	10.7 (60.8%)
134	HRYSZKO Magdalena	104		BIAŁYSTOK		K30	23	K 49	00:00:04	00:25:18	00:25:23	+00:09:58 (39.3%)	5:37	10.7 (60.8%)
135	ŚMIAROWSKA Monika	100		BIAŁYSTOK		K30	24	K 50	00:00:08	00:25:16	00:25:25	+00:10:00 (39.4%)	5:36	10.7 (60.8%)
136	JARMOŁOWICZ Małgorzata	308	MD RUN TRAINING	BIAŁYSTOK		K50	4	K 51	00:00:07	00:25:17	00:25:25	+00:10:00 (39.4%)	5:36	10.7 (60.8%)
137	GRYC Joanna	300	MD RUN TRAINING	BIAŁYSTOK		K40	11	K 52	00:00:07	00:25:18	00:25:25	+00:10:00 (39.4%)	5:37	10.7 (60.8%)
138	GOŁASZEWSKA Emilia	294	MD RUN TRAINING	BIAŁYSTOK		K40	12	K 53	00:00:07	00:25:18	00:25:25	+00:10:00 (39.4%)	5:37	10.7 (60.8%)
139	ŁUNIEWSKA Gabriela	169		BIAŁYSTOK		K20	14	K 54	00:00:15	00:25:12	00:25:28	+00:10:03 (39.5%)	5:35	10.7 (60.8%)
140	CHOJNOWSKI Andrzej	98		BIAŁYSTOK		M60	1	M 85	00:00:11	00:25:22	00:25:33	+00:10:08 (39.7%)	5:37	10.7 (60.8%)
141	LASKOWSKI Krzysztof	196		BIAŁYSTOK		M30	30	M 86	00:00:10	00:25:25	00:25:35	+00:10:10 (39.8%)	5:38	10.6 (60.2%)
142	MARCINKIEWICZ Marta	262	CROSSFIT JUST RAW	BIAŁYSTOK		K30	25	K 55	00:00:11	00:25:25	00:25:36	+00:10:11 (39.8%)	5:38	10.6 (60.2%)
143	SZTUKA Agnieszka	115		BIAŁYSTOK		K20	15	K 56	00:00:05	00:25:32	00:25:37	+00:10:12 (39.9%)	5:40	10.6 (60.2%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Czas startu	Czas netto 4.5km	Czas brutto 4.5km	Różnica w czasie	Tempo min/km	Tempo km/h
144	ALEKSIEJUK Adam	280		BIAŁYSTOK		M40	28	M 87	00:00:09	00:25:33	00:25:43	+00:10:18 (40.1%)	5:40	10.6 (60.2%)
145	ŻUKOWSKI Marian	198	AIKIRUNNERS	WASILKÓW		M50	7	M 88	00:00:18	00:25:26	00:25:44	+00:10:19 (40.1%)	5:38	10.6 (60.2%)
146	REVULETS Iryna	114		BIAŁYSTOK		K40	13	K 57	00:00:06	00:25:43	00:25:50	+00:10:25 (40.4%)	5:42	10.5 (59.7%)
147	SKUBICH Tomasz	402		BIAŁYSTOK		M30	31	M 89	00:00:11	00:25:39	00:25:50	+00:10:25 (40.4%)	5:41	10.5 (59.7%)
148	AL-BAHLOLI Madlen	254		BIAŁYSTOK		K30	26	K 58	00:00:05	00:25:45	00:25:51	+00:10:26 (40.4%)	5:43	10.5 (59.7%)
149	NIEDBAŁA Ewelina	385		BIAŁYSTOK		K20	16	K 59	00:00:21	00:25:29	00:25:51	+00:10:26 (40.4%)	5:39	10.6 (60.2%)
150	ROMBEL Krzysztof	287		BIAŁYSTOK		M20	18	M 90	00:00:14	00:25:46	00:26:00	+00:10:35 (40.8%)	5:43	10.5 (59.7%)
151	TRYŁĄG Aleksandra	78		NOWODOWRCE		K30	27	K 60	00:00:17	00:26:02	00:26:20	+00:10:55 (41.5%)	5:47	10.4 (59.1%)
152	ŚWIĘTOCHOWSKI Stefan	190		BIAŁYSTOK		M60	2	M 91	00:00:04	00:26:21	00:26:25	+00:11:00 (41.7%)	5:51	10.3 (58.5%)
153	STOLARCZYK Anna	35		BIAŁYSTOK, POLAND		K50	5	K 61	00:00:12	00:26:13	00:26:26	+00:11:01 (41.7%)	5:49	10.3 (58.5%)
154	TRACIKOWSKA Dorota	215		ŁAPY		K50	6	K 62	00:00:05	00:26:21	00:26:27	+00:11:02 (41.7%)	5:51	10.3 (58.5%)
155	ROMBEL Aleksandra	288		BIAŁYSTOK		K20	17	K 63	00:00:14	00:26:24	00:26:38	+00:11:13 (42.2%)	5:51	10.2 (58.0%)
156	FERENC Damian	367		BIAŁYSTOK		M20	19	M 92	00:00:17	00:26:22	00:26:39	+00:11:14 (42.2%)	5:51	10.2 (58.0%)
157	CHOJNOWSKA Kinga	211		WYSOKIE MAZOWIECKIE		K20	18	K 64	00:00:04	00:26:37	00:26:42	+00:11:17 (42.3%)	5:54	10.2 (58.0%)
158	KRETUŃSKI Marcin	38		BIAŁYSTOK		M30	32	M 93	00:00:17	00:26:33	00:26:51	+00:11:26 (42.6%)	5:53	10.2 (58.0%)
159	WASILUK Monika	257		CHOROSZCZ		K30	28	K 65	00:00:20	00:26:32	00:26:52	+00:11:27 (42.7%)	5:53	10.2 (58.0%)
160	RADZIWON Piotr	412		BIAŁYSTOK		M60	3	M 94	00:00:12	00:26:40	00:26:53	+00:11:28 (42.7%)	5:55	10.1 (57.4%)
161	SZOKA Kamil	3		CHOROSZCZ		M30	33	M 95	00:00:20	00:26:32	00:26:53	+00:11:28 (42.7%)	5:53	10.2 (58.0%)
162	BIBUŁOWICZ Zofia	129		SURAŻ		K12	1	K 66	00:00:05	00:26:47	00:26:53	+00:11:28 (42.7%)	5:56	10.1 (57.4%)
163	CITKOWSKA Paulina	230		BIAŁYSTOK		K30	29	K 67	00:00:11	00:26:45	00:26:57	+00:11:32 (42.8%)	5:56	10.1 (57.4%)
164	CHAMIENIA Radosław	59		BIAŁYSTOK		M40	29	M 96	00:00:16	00:26:42	00:26:59	+00:11:34 (42.9%)	5:55	10.1 (57.4%)
165	OWCZARSKA-PAWLUCZUK Angelika	218		BIAŁYSTOK		K30	30	K 68	00:00:19	00:26:42	00:27:01	+00:11:36 (43.0%)	5:55	10.1 (57.4%)
166	MISIEJCZUK Marek	397		BIAŁYSTOK		M40	30	M 97	00:00:17	00:26:54	00:27:11	+00:11:46 (43.3%)	5:58	10 (56.8%)
167	OŁDYTOWSKA Elżbieta	274		CZARNA BIAŁOSTOCKA		K60	1	K 69	00:00:07	00:27:05	00:27:13	+00:11:48 (43.4%)	6:00	10 (56.8%)
168	JUCHIMOWICZ Marcin	152		BIAŁYSTOK		M30	34	M 98	00:00:12	00:27:04	00:27:16	+00:11:51 (43.5%)	6:00	10 (56.8%)
169	JAREMISZYN Krzysztof	49	DRTUSZ BIEGA	BIAŁYSTOK		M20	20	M 99	00:00:12	00:27:04	00:27:16	+00:11:51 (43.5%)	6:00	10 (56.8%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Czas startu	Czas netto 4.5km	Czas brutto 4.5km	Różnica w czasie	Tempo min/km	Tempo km/h
170	WOLAŃSKI Michał	31		BIAŁYSTOK		M40	31	M 100	00:00:19	00:26:58	00:27:17	+00:11:52 (43.6%)	5:59	10 (56.8%)
171	FIEDORUK Paulina	277		BIAŁYSTOK		K20	19	K 70	00:00:15	00:27:12	00:27:28	+00:12:03 (43.9%)	6:02	9.9 (56.3%)
172	BERNATOWICZ Karolina	83	DO OSTATNIEGO KILOMETRA	BIAŁYSTOK		K20	20	K 71	00:00:08	00:27:21	00:27:29	+00:12:04 (44.0%)	6:04	9.9 (56.3%)
173	SOSNOWSKA Diana	374	DO OSTATNIEGO KILOMETRA	BIAŁYSTOK		K30	31	K 72	00:00:09	00:27:20	00:27:29	+00:12:04 (44.0%)	6:04	9.9 (56.3%)
174	MAZEWSKI Marcin	189		BIAŁYSTOK		M30	35	M 101	00:00:08	00:27:26	00:27:34	+00:12:09 (44.1%)	6:05	9.9 (56.3%)
175	KOŁOSZKO Piotr	113		RZAŚNIK		M20	21	M 102	00:00:05	00:27:30	00:27:35	+00:12:10 (44.2%)	6:06	9.8 (55.7%)
176	SADOWSKI Piotr	105		BIAŁYSTOK		M20	22	M 103	00:00:15	00:27:27	00:27:42	+00:12:17 (44.4%)	6:05	9.8 (55.7%)
177	OŁDAKOWSKA Aneta	259		POROSŁY		K30	32	K 73	00:00:20	00:27:22	00:27:42	+00:12:17 (44.4%)	6:04	9.9 (56.3%)
178	BOGDANOWICZ Anna	380	DRUŻYNA STEFANA CZARNIECKIEGO	TYKOCIN		K50	7	K 74	00:00:18	00:27:25	00:27:43	+00:12:18 (44.4%)	6:05	9.9 (56.3%)
179	ZIENIEWICZ Andrzej	293	GRUPA SZALONYCH ROWERZYSTÓW	KLEOSIN		M60	4	M 104	00:00:04	00:27:39	00:27:43	+00:12:18 (44.4%)	6:08	9.8 (55.7%)
180	DALLEMURA Maciek	33	BIAŁYSTOK BIEGA TEAM	BIAŁYSTOK		M20	23	M 105	00:00:06	00:27:47	00:27:53	+00:12:28 (44.8%)	6:10	9.7 (55.1%)
181	BEDNAREK Patrycja	32		BIAŁYSTOK		K20	21	K 75	00:00:06	00:27:47	00:27:53	+00:12:28 (44.8%)	6:10	9.7 (55.1%)
182	WRZESIŃSKA Marta	253		BIAŁYSTOK		K40	14	K 76	00:00:17	00:27:37	00:27:54	+00:12:29 (44.8%)	6:07	9.8 (55.7%)
183	RĘKAWEK Dariusz	147		ŁAPY		M20	24	M 106	00:00:08	00:27:49	00:27:58	+00:12:33 (44.9%)	6:10	9.7 (55.1%)
184	KOWALSKA Hanna	337		BIAŁYSTOK		K20	22	K 77	00:00:09	00:27:52	00:28:01	+00:12:36 (45.0%)	6:11	9.7 (55.1%)
185	POCHODOWICZ Katarzyna	61		ŁAPY		K20	23	K 78	00:00:09	00:27:52	00:28:01	+00:12:36 (45.0%)	6:11	9.7 (55.1%)
186	ŚWIĘTOCHOWSKA Danuta	191		BIAŁYSTOK		K60	2	K 79	00:00:04	00:27:59	00:28:04	+00:12:39 (45.1%)	6:12	9.7 (55.1%)
187	SIENKIEWICZ Wiktoria	305		SOKÓŁKA		K12	2	K 80	00:00:15	00:27:51	00:28:06	+00:12:41 (45.2%)	6:11	9.7 (55.1%)
188	GOSZCZYK Edyta	63		BIAŁYSTOK		K40	15	K 81	00:00:18	00:27:50	00:28:09	+00:12:44 (45.3%)	6:10	9.7 (55.1%)
189	ŻUKOWSKI Konrad	197	AIKIRUNNERS	WASILKÓW		M20	25	M 107	00:00:18	00:27:51	00:28:09	+00:12:44 (45.3%)	6:11	9.7 (55.1%)
190	FILIPOWICZ Renata	406		BIAŁYSTOK		K40	16	K 82	00:00:03	00:28:14	00:28:18	+00:12:53 (45.6%)	6:16	9.6 (54.5%)
191	IDŹKOWSKI Jakub	43	PĘDZIWIATR BIAŁYSTOK	BIAŁYSTOK		M12	6	M 108	00:00:10	00:28:12	00:28:23	+00:12:58 (45.7%)	6:15	9.6 (54.5%)
192	PAWLUCZUK Andrzej	219		BIAŁYSTOK		M30	36	M 109	00:00:19	00:28:09	00:28:28	+00:13:03 (45.9%)	6:15	9.6 (54.5%)
193	CHILKIEWICZ Sylwia	339		ŁYSKI		K30	33	K 83	00:00:11	00:28:19	00:28:30	+00:13:05 (46.0%)	6:17	9.5 (54.0%)
194	PAWILCZ Barbara	235		BIAŁYSTOK		K40	17	K 84	00:00:11	00:28:19	00:28:31	+00:13:06 (46.0%)	6:17	9.5 (54.0%)
195	GINSZT Marlena	21		HAJNÓWKA		K40	18	K 85	00:00:13	00:28:18	00:28:31	+00:13:06 (46.0%)	6:17	9.5 (54.0%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Czas startu	Czas netto 4.5km	Czas brutto 4.5km	Różnica w czasie	Tempo min/km	Tempo km/h
196	KHARYTONAVA Milana	320	N50	BIAŁYSTOK		K30	34	K 86	00:00:11	00:28:26	00:28:38	+00:13:13 (46.2%)	6:18	9.5 (54.0%)
197	ZACZKIEWICZ Oliwia	296		BIAŁYSTOK		K20	24	K 87	00:00:14	00:28:30	00:28:44	+00:13:19 (46.4%)	6:19	9.5 (54.0%)
198	ILICZ Łukasz	60		BIAŁYSTOK		M30	37	M 110	00:00:16	00:28:34	00:28:51	+00:13:26 (46.6%)	6:20	9.5 (54.0%)
199	IDŹKOWSKA Anna	42	PĘDZIWIATR BIAŁYSTOK	BIAŁYSTOK		K30	35	K 88	00:00:10	00:28:42	00:28:53	+00:13:28 (46.7%)	6:22	9.4 (53.4%)
200	BRONIEWICZ Piotr	47	DRTUSZ BIEGA	BIAŁYSTOK		M40	32	M 111	00:00:10	00:28:43	00:28:53	+00:13:28 (46.7%)	6:22	9.4 (53.4%)
201	TOMASZEWSKA Julia	415		BIAŁYSTOK		K20	25	K 89	00:00:13	00:28:40	00:28:54	+00:13:29 (46.7%)	6:21	9.4 (53.4%)
202	RADZIWON Paweł	416				M20	26	M 112	00:00:13	00:28:41	00:28:54	+00:13:29 (46.7%)	6:22	9.4 (53.4%)
203	WAŁAS Natalia	76		BIAŁYSTOK		K20	26	K 90	00:00:04	00:28:51	00:28:55	+00:13:30 (46.7%)	6:24	9.4 (53.4%)
204	PAWŁOWSKA Monika	139		ŁYSKI		K40	19	K 91	00:00:20	00:28:36	00:28:57	+00:13:32 (46.8%)	6:21	9.4 (53.4%)
205	NAZARKO Weronika	417		BIAŁYSTOK		K20	27	K 92	00:00:10	00:28:49	00:28:59	+00:13:34 (46.9%)	6:23	9.4 (53.4%)
206	FRANKOWSKA Zofia	79		FASTY		K12	3	K 93	00:00:17	00:28:46	00:29:03	+00:13:38 (47.0%)	6:23	9.4 (53.4%)
207	RAUBO Justyna	239		BIAŁYSTOK		K40	20	K 94	00:00:12	00:28:53	00:29:06	+00:13:41 (47.1%)	6:24	9.4 (53.4%)
208	RAUDNICKA Jadwiga	240		BIAŁYSTOK		K60	3	K 95	00:00:12	00:28:54	00:29:06	+00:13:41 (47.1%)	6:25	9.4 (53.4%)
209	DMOCHOWSKA Emilia	102		BIAŁYSTOK		K30	36	K 96	00:00:14	00:28:53	00:29:07	+00:13:42 (47.1%)	6:24	9.4 (53.4%)
210	DREWNOWSKI Piotr	186		BIAŁYSTOK		M30	38	M 113	00:00:18	00:28:50	00:29:08	+00:13:43 (47.1%)	6:24	9.4 (53.4%)
211	ŚWIRYDOWICZ Robert	384		BIAŁYSTOK		M12	7	M 114	00:00:12	00:28:56	00:29:08	+00:13:43 (47.1%)	6:25	9.3 (52.8%)
212	KOWALCZUK Katarzyna	327	ROSTI RUNNING TEAM	BIAŁYSTOK		K30	37	K 97	00:00:14	00:28:59	00:29:14	+00:13:49 (47.3%)	6:26	9.3 (52.8%)
213	ROGALSKA Małgorzata	234		GRABÓWKA		K40	21	K 98	00:00:11	00:29:03	00:29:15	+00:13:50 (47.3%)	6:27	9.3 (52.8%)
214	MAKSIMOWICZ Milena	270		BIAŁYSTOK		K40	22	K 99	00:00:09	00:29:10	00:29:19	+00:13:54 (47.5%)	6:28	9.3 (52.8%)
215	SHUMEL Eleonora	348	TEA.M RUN	BIAŁYSTOK		K30	38	K 100	00:00:08	00:29:11	00:29:20	+00:13:55 (47.5%)	6:28	9.3 (52.8%)
216	ŚWIRYDOWICZ Ewa	174		BIAŁYSTOK		K40	23	K 101	00:00:12	00:29:11	00:29:23	+00:13:58 (47.6%)	6:28	9.3 (52.8%)
217	STANISŁAWCZYK Aneta	204		BIAŁYSTOK		K20	28	K 102	00:00:07	00:29:17	00:29:24	+00:13:59 (47.6%)	6:30	9.2 (52.3%)
218	ŁUKSZA Marta	11		BIAŁYSTOK		K30	39	K 103	00:00:16	00:29:08	00:29:25	+00:14:00 (47.6%)	6:28	9.3 (52.8%)
219	SNARSKI Grzegorz	10		BIAŁYSTOK		M30	39	M 115	00:00:16	00:29:09	00:29:25	+00:14:00 (47.6%)	6:28	9.3 (52.8%)
220	KASJANIUK-KOZŁOWSKA Julita	264		BIAŁYSTOK		K20	29	K 104	00:00:13	00:29:15	00:29:28	+00:14:03 (47.7%)	6:29	9.2 (52.3%)
221	KOZŁOWSKI Kacper	266		BIAŁYSTOK		M20	27	M 116	00:00:13	00:29:15	00:29:28	+00:14:03 (47.7%)	6:29	9.2 (52.3%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Czas startu	Czas netto 4.5km	Czas brutto 4.5km	Różnica w czasie	Tempo min/km	Tempo km/h
222	KASJANIUK Joanna	265		BIAŁYSTOK		K20	30	K 105	00:00:13	00:29:15	00:29:28	+00:14:03 (47.7%)	6:29	9.2 (52.3%)
223	BANDURSKI Łukasz	182		POROSŁY		M30	40	M 117	00:00:13	00:29:16	00:29:30	+00:14:05 (47.8%)	6:30	9.2 (52.3%)
224	SHAUSTRUK Katya	407		BIALYSTOK		K30	40	K 106	00:00:08	00:29:23	00:29:31	+00:14:06 (47.8%)	6:31	9.2 (52.3%)
225	OLSZEWSKA Agnieszka	289		BIAŁYSTOK		K40	24	K 107	00:00:14	00:29:31	00:29:46	+00:14:21 (48.2%)	6:33	9.2 (52.3%)
226	BRUSZEWSKI Konrad	282		BIAŁYSTOK		M30	41	M 118	00:00:16	00:29:30	00:29:47	+00:14:22 (48.3%)	6:33	9.2 (52.3%)
227	BRUSZEWSKA Sylwia	89		BIAŁYSTOK		K30	41	K 108	00:00:16	00:29:31	00:29:47	+00:14:22 (48.3%)	6:33	9.2 (52.3%)
228	KORONKIEWICZ Natalia	8		BIAŁYSTOK		K20	31	K 109	00:00:00	00:30:01	00:30:01	+00:14:36 (48.7%)	6:39	9 (51.1%)
229	WYSOCKI Grzegorz	138		BIAŁYSTOK		M30	42	M 119	00:00:10	00:29:55	00:30:05	+00:14:40 (48.8%)	6:38	9 (51.1%)
230	BOROWIK Paweł	376		BIAŁYSTOK		M30	43	M 120	00:00:10	00:30:00	00:30:11	+00:14:46 (49.0%)	6:39	9 (51.1%)
231	GOŁĘBIEWSKA Ewelina	377		BIAŁYSTOK		K30	42	K 110	00:00:10	00:30:01	00:30:11	+00:14:46 (49.0%)	6:39	9 (51.1%)
232	WASZCZENIUK Paweł	248		BIAŁYSTOK		M30	44	M 121	00:00:16	00:29:56	00:30:12	+00:14:47 (49.0%)	6:38	9 (51.1%)
233	MAKSYMOWICZ Marek	360		BIAŁYSTOK		M30	45	M 122	00:00:20	00:29:52	00:30:13	+00:14:48 (49.0%)	6:37	9 (51.1%)
234	PŁOŃSKI Tomasz	154		BIAŁYSTOK		M40	33	M 123	00:00:15	00:30:22	00:30:37	+00:15:12 (49.7%)	6:44	8.9 (50.6%)
235	PŁOŃSKA Anna	155		BIAŁYSTOK		K40	25	K 111	00:00:14	00:30:23	00:30:38	+00:15:13 (49.7%)	6:44	8.9 (50.6%)
236	ŻUKOWSKI Artur	286		BIAŁYSTOK		M30	46	M 124	00:00:18	00:30:23	00:30:41	+00:15:16 (49.8%)	6:44	8.9 (50.6%)
237	SUSZYŃSKA Natalia	13		BIAŁYSTOK		K20	32	K 112	00:00:00	00:30:42	00:30:43	+00:15:18 (49.8%)	6:49	8.8 (50.0%)
238	MALINOWSKI Mariusz	118		BIAŁYSTOK		M40	34	M 125	00:00:13	00:30:32	00:30:45	+00:15:20 (49.9%)	6:46	8.8 (50.0%)
239	PAPLAUSKAYA Wiktoryia	410				K20	33	K 113	00:00:24	00:30:22	00:30:47	+00:15:22 (49.9%)	6:44	8.9 (50.6%)
240	YAHOR Shashkou	413				M40	35	M 126	00:00:24	00:30:22	00:30:47	+00:15:22 (49.9%)	6:44	8.9 (50.6%)
241	BARYSEVICH Alena	395				K50	8	K 114	00:00:30	00:30:16	00:30:47	+00:15:22 (50.0%)	6:43	8.9 (50.6%)
242	SIEMION Janusz	205	STOWARZYSZENIE NASZ SZCZUCZYN	SZCZUCZYN		M50	8	M 127	00:00:13	00:30:37	00:30:51	+00:15:26 (50.1%)	6:47	8.8 (50.0%)
243	DEC Anna	64		OPOCZNO		K30	43	K 115	00:00:05	00:30:47	00:30:52	+00:15:27 (50.1%)	6:50	8.8 (50.0%)
244	MISZKOWICZ-ADAMOWICZ Urszula	87		CZARNA BIAŁOSTOCKA		K20	34	K 116	00:00:21	00:30:32	00:30:53	+00:15:28 (50.1%)	6:46	8.8 (50.0%)
245	KONARZEWSKI Michał	359		BIAŁYSTOK		M30	47	M 128	00:00:16	00:30:38	00:30:54	+00:15:29 (50.1%)	6:48	8.8 (50.0%)
246	KORZENIECKA- BĄCZEK Renata	217		WASILKÓW		K50	9	K 117	00:00:18	00:30:40	00:30:59	+00:15:34 (50.3%)	6:48	8.8 (50.0%)
247	IWANOW Wiktoria	9		KRUPNIKI		K20	35	K 118	00:00:06	00:30:56	00:31:02	+00:15:37 (50.4%)	6:52	8.7 (49.4%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Czas startu	Czas netto 4.5km	Czas brutto 4.5km	Różnica w czasie	Tempo min/km	Tempo km/h
248	KUŁAKOWSKA Aleksandra	243		BIAŁYSTOK		K20	36	K 119	00:00:06	00:30:56	00:31:02	+00:15:37 (50.4%)	6:52	8.7 (49.4%)
249	TURECKA Karolina	46		BIAŁYSTOK		K30	44	K 120	00:00:07	00:30:57	00:31:04	+00:15:39 (50.4%)	6:52	8.7 (49.4%)
250	GUTOWSKA Adrianna	50		BIAŁYSTOK		K30	45	K 121	00:00:07	00:30:56	00:31:04	+00:15:39 (50.4%)	6:52	8.7 (49.4%)
251	PANASEWICZ Marta	141		BIAŁYSTOK		K30	46	K 122	00:00:15	00:31:08	00:31:23	+00:15:58 (50.9%)	6:54	8.7 (49.4%)
252	MALINOWSKA Anna	77		BIAŁYSTOK		K20	37	K 123	00:00:17	00:31:09	00:31:26	+00:16:01 (51.0%)	6:55	8.7 (49.4%)
253	GAGAN Monika	194		BIAŁYSTOK		K30	47	K 124	00:00:14	00:31:30	00:31:44	+00:16:19 (51.5%)	6:59	8.6 (48.9%)
254	SAMOJLIK Aleksandra	393		BIAŁYSTOK		K12	4	K 125	00:00:17	00:31:28	00:31:45	+00:16:20 (51.5%)	6:59	8.6 (48.9%)
255	SIEMIĘNCZUK-SOKÓŁ Paulina	244		BIAŁYSTOK		K30	48	K 126	00:00:19	00:31:27	00:31:46	+00:16:21 (51.5%)	6:59	8.6 (48.9%)
256	SOKÓŁ Przemysław	120		BIAŁYSTOK		M30	48	M 129	00:00:18	00:31:27	00:31:46	+00:16:21 (51.5%)	6:59	8.6 (48.9%)
257	KONDZIOR Łukasz	398		BIAŁYSTOK		M20	28	M 130	00:00:03	00:31:58	00:32:01	+00:16:36 (51.9%)	7:05	8.5 (48.3%)
258	DZIEMIAŃCZUK Marta	158		BIAŁYSTOK		K30	49	K 127	00:00:11	00:31:50	00:32:01	+00:16:36 (51.9%)	7:04	8.5 (48.3%)
259	DĘBSKI Łukasz	91		BIAŁYSTOK		M20	29	M 131	00:00:12	00:31:58	00:32:10	+00:16:45 (52.1%)	7:05	8.5 (48.3%)
260	ŻUKOWSKA Weronika	386		BIAŁYSTOK		K20	38	K 128	00:00:12	00:31:58	00:32:11	+00:16:46 (52.1%)	7:05	8.5 (48.3%)
261	MARCZYK Marta	88		BIAŁYSTOK		K20	39	K 129	00:00:15	00:31:57	00:32:13	+00:16:48 (52.2%)	7:05	8.5 (48.3%)
262	SKOWROŃSKA Zuzia	336		BIAŁYSTOK		K20	40	K 130	00:00:13	00:32:00	00:32:14	+00:16:49 (52.2%)	7:06	8.4 (47.7%)
263	BURA Oliwia	338		BIAŁYSTOK		K20	41	K 131	00:00:14	00:32:01	00:32:15	+00:16:50 (52.2%)	7:06	8.4 (47.7%)
264	RUBETS Anna	316		BIAŁYSTOK		K20	42	K 132	00:00:15	00:32:13	00:32:28	+00:17:03 (52.6%)	7:09	8.4 (47.7%)
265	HOŚCIŁO Kacper	315		BIAŁYSTOK		M20	30	M 132	00:00:15	00:32:13	00:32:28	+00:17:03 (52.6%)	7:09	8.4 (47.7%)
266	BOGDAN Agata	272		BIAŁYSTOK		K30	50	K 133	00:00:13	00:32:23	00:32:37	+00:17:12 (52.8%)	7:11	8.3 (47.2%)
267	HERMAN Magdalena	271		BIAŁYSTOK		K30	51	K 134	00:00:13	00:32:24	00:32:37	+00:17:12 (52.8%)	7:11	8.3 (47.2%)
268	FIEDOROWICZ Anna	57		BIAŁYSTOK		K30	52	K 135	00:00:13	00:32:23	00:32:37	+00:17:12 (52.8%)	7:11	8.3 (47.2%)
269	ZIENIEWICZ Karolina	179		KSIĘŻYNO		K20	43	K 136	00:00:16	00:32:26	00:32:43	+00:17:18 (52.9%)	7:12	8.3 (47.2%)
270	ZIENIEWICZ Kamila	180		KSIĘŻYNO		K20	44	K 137	00:00:16	00:32:27	00:32:43	+00:17:18 (52.9%)	7:12	8.3 (47.2%)
271	CYLWIK Katarzyna	399	AIKIRUNNERS	BIAŁYSTOK		K40	26	K 138	00:00:11	00:32:40	00:32:52	+00:17:27 (53.1%)	7:15	8.3 (47.2%)
272	CYLWIK Mariusz	400	AIKIRUNNERS	BIAŁYSTOK		M50	9	M 133	00:00:11	00:32:40	00:32:52	+00:17:27 (53.1%)	7:15	8.3 (47.2%)
273	BURZYŃSKI Jerzy	355	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI		M60	5	M 134	00:00:27	00:32:29	00:32:56	+00:17:32 (53.2%)	7:12	8.3 (47.2%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Czas startu	Czas netto 4.5km	Czas brutto 4.5km	Różnica w czasie	Tempo min/km	Tempo km/h
274	TRYŁĄG Oliwier	236		BIAŁYSTOK		M12	8	M 135	00:00:16	00:32:42	00:32:59	+00:17:34 (53.3%)	7:15	8.3 (47.2%)
275	IWANIUK Kinga	183		KLEPACZE		K30	53	K 139	00:00:12	00:32:57	00:33:09	+00:17:44 (53.5%)	7:19	8.2 (46.6%)
276	IWANIUK Dawid	185		KLEPACZE		M30	49	M 136	00:00:12	00:32:56	00:33:09	+00:17:44 (53.5%)	7:18	8.2 (46.6%)
277	STRUŻYŃSKA Paula	170		BIAŁYSTOK		K20	45	K 140	00:00:08	00:33:05	00:33:13	+00:17:48 (53.6%)	7:20	8.2 (46.6%)
278	DMOCHOWSKI Kamil	419		BIAŁYSTOK		M30	50	M 137	00:00:14	00:33:05	00:33:20	+00:17:55 (53.8%)	7:20	8.2 (46.6%)
279	MATEJCZYK Agnieszka	382	PODLASKIE KOCURY	BIAŁYSTOK		K30	54	K 141	00:00:10	00:33:14	00:33:25	+00:18:00 (53.9%)	7:22	8.1 (46.0%)
280	LIAUCHUK Kamila	324	N50	BIAŁYSTOK		K12	5	K 142	00:00:22	00:33:14	00:33:36	+00:18:11 (54.2%)	7:22	8.1 (46.0%)
281	BRAŃSKA Agnieszka	5		BIAŁYSTOK		K40	27	K 143	00:00:04	00:34:00	00:34:05	+00:18:40 (54.8%)	7:33	7.9 (44.9%)
282	BRAŃSKA Magdalena	22		BIAŁYSTOK		K40	28	K 144	00:00:04	00:34:00	00:34:05	+00:18:40 (54.8%)	7:33	7.9 (44.9%)
283	WYPYCHOWSKA Hanna	237		BIAŁYSTOK		K12	6	K 145	00:00:17	00:34:13	00:34:30	+00:19:05 (55.3%)	7:35	7.9 (44.9%)
284	KLIMIUK Aleksandra	209	BIAŁOSTOCKA SEKTA BIEGACZY	BIAŁYSTOK		K12	7	K 146	00:00:18	00:34:16	00:34:35	+00:19:10 (55.5%)	7:36	7.9 (44.9%)
285	STAWOWCZYK Marta	24		BIAŁYSTOK		K30	55	K 147	00:00:19	00:34:17	00:34:36	+00:19:11 (55.5%)	7:36	7.9 (44.9%)
286	DRAĞOWSKI Konrad	23		BIAŁYSTOK		M20	31	M 138	00:00:19	00:34:17	00:34:36	+00:19:11 (55.5%)	7:36	7.9 (44.9%)
287	NAJMANOWICZ Iwona	283		BIAŁYSTOK		K40	29	K 148	00:00:13	00:34:32	00:34:45	+00:19:20 (55.7%)	7:40	7.8 (44.3%)
288	BONDA Magdalena	313		BIAŁYSTOK		K40	30	K 149	00:00:13	00:34:32	00:34:45	+00:19:20 (55.7%)	7:40	7.8 (44.3%)
289	IWANIUK Tomasz	232		BIAŁYSTOK		M40	36	M 139	00:00:15	00:34:33	00:34:48	+00:19:23 (55.7%)	7:40	7.8 (44.3%)
290	IWANIUK Nina	233		BIAŁYSTOK		K12	8	K 150	00:00:15	00:34:33	00:34:49	+00:19:24 (55.7%)	7:40	7.8 (44.3%)
291	ONIKIJUK Natalia	20		HAJNÓWKA		K40	31	K 151	00:00:14	00:35:02	00:35:16	+00:19:51 (56.3%)	7:46	7.7 (43.8%)
292	CHROBAK Emilia	273		BIAŁYSTOK		K30	56	K 152	00:00:19	00:34:58	00:35:18	+00:19:53 (56.4%)	7:45	7.7 (43.8%)
293	KOTOWICZ Joanna	351	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI		K40	32	K 153	00:00:26	00:35:17	00:35:43	+00:20:18 (56.9%)	7:50	7.7 (43.8%)
294	SNOP Sławomir	358	MARSZOMANIACY BIELSK PODLASKI	BIELSKPODLASKI		M40	37	M 140	00:00:27	00:35:16	00:35:44	+00:20:19 (56.9%)	7:49	7.7 (43.8%)
295	ŁOŚ Magda	258		BIAŁYSTOK		K40	33	K 154	00:00:21	00:35:48	00:36:09	+00:20:44 (57.4%)	7:57	7.5 (42.6%)
296	ZHOHAL Yauheni	405				M30	51	M 141	00:00:31	00:36:35	00:37:06	+00:21:41 (58.5%)	8:07	7.4 (42.0%)
297	KOBUS Urszula	18		HAJNÓWKA		K40	34	K 155	00:00:14	00:37:37	00:37:52	+00:22:27 (59.3%)	8:21	7.2 (40.9%)
298	MUSIELAK Michał	208	BIAŁOSTOCKA SEKTA BIEGACZY	POZNAŃ		M12	9	M 142	00:00:19	00:38:05	00:38:25	+00:23:00 (59.9%)	8:27	7.1 (40.3%)
299	KLIMIUK Lidia	210	BIAŁOSTOCKA SEKTA BIEGACZY	BIAŁYSTOK		K12	9	K 156	00:00:19	00:38:06	00:38:25	+00:23:00 (59.9%)	8:27	7.1 (40.3%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Czas startu	Czas netto 4.5km	Czas brutto 4.5km	Różnica w czasie	Tempo min/km	Tempo km/h
300	ZAWADZKI Krzysztof	375	BIAŁOSTOCKA SEKTA BIEGACZY	BIAŁYSTOK		M40	38	M 143	00:00:18	00:38:12	00:38:30	+00:23:05 (60.0%)	8:28	7.1 (40.3%)
301	MUSIELAK Marek	207	BIAŁOSTOCKA SEKTA BIEGACZY	POZNAŃ		M40	39	M 144	00:00:19	00:38:11	00:38:30	+00:23:05 (60.0%)	8:28	7.1 (40.3%)
302	KRETOWICZ Filip	299		IGNATKI		M12	10	M 145	00:00:21	00:40:14	00:40:35	+00:25:10 (62.1%)	8:56	6.7 (38.1%)
303	KRETOWICZ Sylwia	298		IGNATKI		K30	57	K 157	00:00:21	00:40:15	00:40:36	+00:25:11 (62.1%)	8:56	6.7 (38.1%)
304	BANDURSKA Karolina	184		POROSŁY		K30	58	K 158	00:00:12	00:42:30	00:42:43	+00:27:18 (63.9%)	9:26	6.4 (36.4%)
305	NAKHRAT Inna	401		BREST		K40	35	K 159	00:00:25	00:43:12	00:43:37	+00:28:12 (64.7%)	9:35	6.3 (35.8%)
306	PAWELKIEWICZ Edyta	344	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI		K40	36	K 160	00:00:27	00:46:55	00:47:23	+00:31:58 (67.5%)	10:25	5.8 (33.0%)
307	ANTKOWICZ Helena	362	MARSZOMANIACY BIELSK PODLASKI	AUGUSTOWO		K60	4	K 161	00:00:28	00:46:56	00:47:25	+00:32:00 (67.5%)	10:25	5.8 (33.0%)
308	RUDKO Jolanta Maria	372	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI		K50	10	K 162	00:00:28	00:46:56	00:47:25	+00:32:00 (67.5%)	10:25	5.8 (33.0%)
309	SMOLEWSKA Jolanta	364	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI		K50	11	K 163	00:00:27	00:46:58	00:47:26	+00:32:01 (67.5%)	10:25	5.8 (33.0%)
310	KRZYWORZEKA Sylwia	353	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI		K40	37	K 164	00:00:29	00:46:57	00:47:27	+00:32:02 (67.5%)	10:25	5.8 (33.0%)
311	BURZYŃSKA Natalia	352	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI		K30	59	K 165	00:00:26	00:47:05	00:47:31	+00:32:06 (67.6%)	10:27	5.7 (32.4%)
312	CETRA Andrzej	368	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI		M50	10	M 146	00:00:28	00:47:03	00:47:31	+00:32:06 (67.6%)	10:26	5.7 (32.4%)
313	BURZYŃSKA Alicja	350	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI		K60	5	K 166	00:00:27	00:47:04	00:47:31	+00:32:06 (67.6%)	10:27	5.7 (32.4%)
314	RZEPNIEWSKA Ewa	356	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI		K40	38	K 167	00:00:30	00:47:01	00:47:32	+00:32:07 (67.6%)	10:26	5.7 (32.4%)
315	RZEPNIEWSKA Ewa	354	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI		K60	6	K 168	00:00:30	00:47:02	00:47:32	+00:32:07 (67.6%)	10:26	5.7 (32.4%)
316	FILIPIUK Justyna	341	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI		K40	39	K 169	00:00:29	00:47:04	00:47:33	+00:32:08 (67.6%)	10:27	5.7 (32.4%)
317	POROWSKA Agata	379	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI		K50	12	K 170	00:00:30	00:47:04	00:47:34	+00:32:09 (67.6%)	10:27	5.7 (32.4%)
318		414						2	00:00:29	00:47:13	00:47:43	+00:32:18 (67.7%)	10:29	5.7 (32.4%)
319	STEPANIUK Katarzyna	346	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI		K40	40	K 171	00:00:29	00:47:19	00:47:49	+00:32:24 (67.8%)	10:30	5.7 (32.4%)
320	WOJCIUK Dorota	347	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI		K40	41	K 172	00:00:29	00:47:20	00:47:49	+00:32:24 (67.8%)	10:30	5.7 (32.4%)
321	KRUPIŃSKI Igor	390		BIELSK PODLASKI		M12	11	M 147	00:00:28	00:47:25	00:47:54	+00:32:29 (67.8%)	10:31	5.7 (32.4%)
322	KRUPIŃSKI Piotr	388		BIELSK PODLASKI		M40	40	M 148	00:00:28	00:47:27	00:47:55	+00:32:30 (67.9%)	10:32	5.7 (32.4%)
323	NALEWAJKO-IWANIUK Elżbieta	387	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI		K50	13	K 173	00:00:27	00:47:28	00:47:56	+00:32:31 (67.9%)	10:32	5.7 (32.4%)
324	KOROLKO Katarzyna	366	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI		K40	42	K 174	00:00:30	00:47:26	00:47:56	+00:32:31 (67.9%)	10:32	5.7 (32.4%)
325	DOBROWOLSKA Tatiana	389		BIELSK PODLASKI		K50	14	K 175	00:00:26	00:48:23	00:48:50	+00:33:25 (68.5%)	10:44	5.6 (31.8%)

Znaleziono 325 wynik(ów)

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